

Spinach Salad

Source: Old Recipe From Interlochen

Ingredients

- 1 bag spinach, washed and snipped
- ½ Head iceberg lettuce, washed and torn
- 16 oz can mung bean sprouts, chilled
- 1 8 oz can water chestnuts, drained, sliced and chilled
- ¼ lb. bacon, fried and crumbled
- 2-3 hard boiled eggs, chopped or sliced
- ⅔ cup sugar
- ⅓ cup catsup
- 2 tsp salt
- 1 cup cooking oil
- 1 tbsp Worcestershire sauce
- ¼ cup cider vinegar
- ½ - 1 cup onion, chopped

Method

Mix all ingredients for salad.

Mix ingredients for dressing well, or put in blender 1 minute.

(Half a recipe of dressing is enough for the amount of salad given here.)