

Spinach Salad with Strawberries

Servings: 6

Source: Cook's Illustrated

Ingredients

- 1 6-oz bag baby spinach (about 6 cups)
- 1 medium head frisee, washed, dried, and torn into 2-inch pieces
- ½ pint strawberries, washed, dried, stemmed, and quartered
- 2 tbsps chopped fresh basil leaves
- 7 tsp balsamic vinegar
- 1 tbsp shallots, finely minced
- ¾ tsp mayonnaise
- 1 tsp Dijon mustard
- ¼ tsp salt
- 4½ tbsp olive oil
- ground black pepper to taste

Method

Dressing

In small nonreactive bowl, combine vinegar, shallot, mayo, mustard, salt, pepper. Whisking constantly, very slowly drizzle olive oil into mixture. Mixture should be glossy and lightly thickened.

Combine lettuces and basil in bowl and drizzle dressing over. Mix well, add strawberries and mix gently. Serve immediately.