

Seven-Layer Bean Dip

Source: Julia Krytika

Ingredients

- canned bean dip
- avocados, garlic, lemon
- sour cream and mayo
- parsley
- Monterey Jack cheese
- Cheddar Cheese
- green and reg. onions
- diced tomatoes

Method

1 layer bean dip (canned)

1 layer smashed avocados with garlic and lemon juice (to keep from browning)

1 layer sour cream and mayo

parsley

1 layer Monterey Jack cheese, shredded

1 layer Cheddar Cheese, shredded

1 layer green onions and reg onions, mixed

1 layer diced tomatoes