

Lemon or Orange Ice

Source: Sandy Graff

Ingredients

- 1½ cups sugar
- 4 cups boiling water
- 1 cup lemon juice
- 2 tsp grated lemon peel
- mint sprigs

Method

Dissolve sugar in water; cool. Stir in juice and peel. Pour mixture into freezer container or ice cream maker. Freeze until firm, stirring frequently. Serve in hollowed-out lemon shells if desired. Garnish with mint sprig.

Orange Ice

½ c sugar
½ c boiling water
3 c orange juice
¼ c fresh lemon juice
2 tsp grated orange peel
Mint sprigs

Follow directions above.