

Fruit with Honey Vanilla Mascarpone

Servings: 6

Source: Ina Garten Barefoot Contessa Episode IG1C07 2006

Ingredients

- 2 Apricots, Pitted And Sliced
- 2 Plums, Pitted And Sliced
- 1 Kiwi, Peeled And Sliced
- 1 cup Cherries, Pitted And Sliced
- 1 cup Mascarpone
- 2 tablespoons Honey
- ½ teaspoon Pure Vanilla Extract
- Seeds Scraped From 1 Vanilla Bean
- 2 Heavy Cream

Method

Combine the apricots, plums, kiwi and cherries in a bowl. In a separate bowl, combine the mascarpone, honey, vanilla and vanilla seeds. Add the heavy cream and stir until combined.

Pour the mascarpone mixture over the fruit, and serve.

Notes

Low-fat Greek Yogurt can be substituted for the Mascarpone. I use vanilla extract instead of bean.