

Frozen Vanilla Yogurt

Servings: 1

Source: www.101cookbooks.com (a frozen yogurt recipe to rival pickberry's recipe)

Ingredients

- 6 cups Strained Whole Milk / Greek-Style Yogurt (read notes before starting)
- $\frac{3}{4}$ cups Sugar
- 1 teaspoon Vanilla Extract (optional)

Method

Mix together the strained yogurt, sugar, and vanilla. Stir until the sugar is completely dissolved.

Refrigerate 1 hour.

Freeze in your ice cream maker according to instructions.

Notes

Yogurt needs at least 6 hours to be strained!!!!