

Berries in a Puff

Servings: 4

Ingredients

- 3 tablespoons Butter
- 2 Eggs
- ½ cup Milk
- ½ cup Flour
- ½ teaspoon Orange Peel
- ¾ cups Fresh Blueberries, Raspberries, Strawberries
- Mint Sprigs
- Yogurt, Sour Cream Or Ricotta

Method

Preheat oven to 475°F.

Place butter in 9-inch pie pan; set in oven to melt butter and heat dish.

In medium bowl, whisk together eggs, milk, flour and orange peel.

Remove pie pan from oven. Pour in egg mixture. Immediately return to oven.

Bake 10-12 minutes or until very puffy and golden.

Remove from oven. Leave puff in pie plate or gently remove to serving platter. Fill with berries. Garnish with mint sprigs. Serve immediately cut in wedges. Top with sour cream etc.