

Anita's Captiva Salad

Source: Anita Cohen 2016

Ingredients

- 1 plastic box - 8x8x3 arugula
- dried cranberries
- 1 can hearts of palm
- 1 head endive, sliced across
- 1 large can cannellini beans
- toasted pecans
- 1 lb asparagus, steamed til almost done, cut into 1" pieces
- salt and pepper
- olive oil and good balsamic vinegar , added individually

Method

Toast pecans

steam asparagus

Mix everything together and add olive oil and balsamic vinegar to each individual salad. That way any leftovers won't wilt.